

October 15, 2023 Volume 15

The News

Murray Bridge Cods Newsletter



[Click to Register for this season](#)

Dive into summer and make a splash with our swimming training season 2023/2024!

We couldn't be more excited to share the fantastic news - our swimming season has kicked off with a bang! The response from new swimmers has been nothing short of extraordinary. We have an influx of enthusiastic individuals joining us, ready to embark on their aquatic journey.

Just imagine the incredible progress we will witness throughout the season! It's a thrilling thought, isn't it? From beginners taking their first strokes to seasoned swimmers pushing their limits, this promises to be an unforgettable season filled with triumphs and personal growth.

We can hardly contain our excitement as we eagerly anticipate the remarkable achievements that await us all. With such a passionate and dedicated group of swimmers on board, we are confident that this season will surpass all expectations. Let's dive into this journey together and make waves of success that will leave everyone in awe!

As we enter this new season filled with anticipation, make sure you stay connected with us through our newsletter and social media channels. We'll keep you updated on all things related to club starting dates, registration details for upcoming events, and much more!

Your Club Committee.

Helpful Apps and Programs

Swim Central

You may have dabbled a little in the Swim Central program, let us give you a brief run down. Not only is it where you go to pay your fees but you can also check out what events are open to register for, events such as Club Nights, Meets, Carnivals and Clinics. You can also check official swim times from past events.

Meet Mobile

Is a app you can download (fees apply) which give you live results of swim times while at a meet or carnival, you can tell straight up how you went against you seed time (your last best time), what you placed in the race, you can check on your competitors times, you can save your favourite swimmers and set alerts when results are available.

Swimming SA

This is where you will find the most information about swimming and is a very informative website.

<https://sa.swimming.org.au/events>

A detailed list of events throughout the year, so you can plan your swimming journey, not only that when you click on the event you can get details on the event such as location, time, age restrictions, prizes, take a deep dive this is one of the most helpful links you will come across

<https://www.swimming.org.au/events-results/results/results-central>

Want to check out your swim history you can get a comprehensive list of all your official times here, when, where and what you swam.

<https://sa.swimming.org.au/events/forms-resources>

Want to know what times you need to qualify for State or Country Championships then you need this link.

<https://sa.swimming.org.au/community/technical-officials>

We need volunteers for our events if you want to learn more about the technical roles click on the link above.

Help on Pool Deck

Currently, we have a small group of dedicated parents who consistently help with the setup and pack-up process each night. Their commitment is truly appreciated, but it can be quite challenging for them to handle all the responsibilities on their own.

That's why we kindly ask for your assistance. By having more parents involved in this task, we can ensure that everyone shares the workload fairly, making it easier for everyone involved.

Task involve

SETUP

Take down trolley to shallow end of pool - Mon-Wed.

Setup backstroke flags and poles - Shallow end and deep end written on reel.

Lane rope reel to end of pool.

Attach lane ropes to shallow end and tighten.

PACKUP

Place kickboards, fins and all other turtle aids in the trolley.

Pack trolley in equipment shed.

Untie lane ropes from shallow end.

Roll up lane ropes and put reel in equipment shed.

Roll up backstroke flags and place poles and flags in shed.

Murray Bridge Open

5:00pm 9th December, 9:00am 10th December

A reminder to everyone to sign up as this event as it is a popular event with other clubs for people chasing qualifying times.

We also need volunteers to help run the carnival such as setting up, packing up, working in the canteen and doing official duties, let us know what your preference is as rosters will be established for all attending.

As you may know, one of the highlights of our event is the raffle, which not only adds an element of excitement but also helps raise funds for our club. We are grateful for the generosity shown by local businesses who have already contributed prizes.

In order to make this raffle a great success, we kindly request that all members consider making a donation as well. Your contribution will go a long way in helping us achieve our fundraising goals and support various club initiatives.

If any members have connections with businesses that would like to make a donation, we would be more than happy to give them recognition during the event. It's a win-win situation - they get exposure and our club benefits from their support.

Merchandise

Order form for merchandise is in the clubrooms, order need to be finalised and paid by the 23rd November.

Bank Account Details

Account Name - Murray Bridge Swimming Club

BSB 105-012

Account Number - 126 853 740

Ref - Your Name

MB CODS
Clothing Items

- HAT \$20
- OFFICIALS T-SHIRT \$35
- KIDS T-SHIRT \$45
- ADULTS T-SHIRT \$47
- PARKA \$105
- SWIM CAP \$15
- HOODIE \$65
- NAME PRINTED \$5

ORDER NOW

Order form in clubrooms or ask one of the committee members

Carnivals and Meets

Great Southern Carnival

We saw a team of 20 swimmers head over to Strathalbyn for the Great Southern Carnival.

Such a great turn out for such a chilly day, for a couple of our members it was their first carnival so congratulations Chloe Millan and Mark Folley for taking the plunge. We saw some great PBs made, for those who don't know PB stands for 'Personal Best' time, 19 in total which is great considering the swimming season only started the week prior. We cannot go past without mentioning 2 phenomenal PBs of the day Charlie Ireland with a time improvement of 11.49 seconds on her 200m IM and

Brodie Somerfield wiping 11.28 seconds off his 100m Freestyle. Plenty of medals were earned, and Isabella Roberts even qualified for the Dash for Cash a spot only reserved for the fastest of the day.

And as an added bonus our club came in second highest point scorer from the 17 clubs that attended, only to be beaten by the home club Great Southern.



MORE SPONSORSHIP OPPORTUNITIES AVAILABLE FOR 2023/2024

If you too would like to get involved in Sponsoring our Club please email us at

murraybridgecodsswimclub@gmail.com

to discuss a option that best suits your needs and budget.

We'd welcome the opportunity to have a conversation with anyone interested in finding out more. No pressure and no obligation.

murraybridgecods.swimmingclub.org.au

Coaches

Head/Seniors Coach - David Millan

Dolphins Coach - Maralyn Polak

Seahorse Coach - Leanne Pittaway

Turtles Coach - Rachel Schulz

Assistant Coach - Katie Ireland

Assistant Coach - Cat Smith

Specialist Coach - Darcy

Committee Members

President - Wade Smith
 Secretary - Jodie Austin
 Treasurer - Renee Davy
 Meet/Carnival Coordinator - Tanya Roberts
 Merchandise - Trish Markham
 Committee Member - Chloe Anderson
 Child Protection Officer - Jodie Austin

DIARY

***Club Favourite Strongly encourage participation for Fun, Friendship, and Unwavering Support

18/11/2023 Gawler Carnival LC - Gawler Aquatic Centre
 19/11/2023 Onkaparinga Aggregate Meet 1 SC - Adelaide Hills Swimming Centre
 25/11/2023 Silver City Summer Sizzler LC - Broken Hill Regional Aquatic Centre
 25/11/2023 2023 Unley LC Carnival - Unley Swimming Centre
 26/11/2023 ***EDSA Meet 3 SC - Adelaide Hills Swimming Centre
 02/12/2023 ***Berri Open Carnival LC - Hayden Stoeckel Swimming Centre
 02/12/2023 Up In The Eyre LC - Ryan Mitchell Swimming Centre, Port Augusta
 09/12/2023 Blue Lake Y Carnival LC - Wulanda Recreation Centre, Mt Gambier
 09/10/2023 ***Murray Bridge Open LC - Murray Bridge Swimming Centre
 16/12/2023 ***Christmas Cracker LC - SA Aquatic and Leisure Centre

LC - Long Course 50m long pool

SC - Short Course 25m long pool

Sponsors

We are in the process of signing up new sponsors if you are interested, let the club know by writing to murraybridgecodsswimclub@gmail.com

PLATINUM SPONSORS



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