

December 20, 2023 Volume 17

The News

Murray Bridge Cods Newsletter



Christmas and New Year

Training for the current year will end today Wednesday 20th December and we look forward to welcoming you back on 8th January 2024.

Over the break a group of our cods will be stepping up their training in preparation for SA Country Swimming Championships in Nuriootpa. They will compete over 4 days against the best in SA.

Wishing Ayden, Ella D, Bronte, Cooper, Isabella, Kaylee, Keeley, Chloe W (Superfish) and Tyler the best of luck.

Great to see more swimmers competing from our club each year. Below are the qualifying times swimmers needed to achieve this year and something for new swimmers to aim for next year.

For competitors who are not already part of our closed Facebook group for this event follow link below.

[SA Country Qualifying Times](#)

We will keep you updated on their successes as we approach January.

Until then- keep on swimming!

Murray Bridge Carnival Helpers

So proud of our Club for our carnival we absolutely rocked it in the craziest weather conditions! Thank you to all our parents, swimmers, past committee/club members, coaching staff and especially those people from other Clubs who volunteered their time to make this fab weekend happen. A big shout out to our committee of dedicated parents (and their partners and children) who made this meet come together beautifully.

Carnivals and Meets

Christmas Cracker

Great swims had by all with some brilliant PBs.

Ayden 4 swims 4 PBs best PB 4.42 for her 100 Back

Ella D 4 swims 2 PBs best PB 1.88 for her 50 Fly

Bronte 6 swims 4 PBs best PB 9.06 for 200 IM

Chloe W 3 swims 3 PBs best PB 13.19 for her 100 Breast

Tyler 4 Swims 3 PBs best PB 8.52 for his 200 IM

Smashing those PBs

Murray Bridge Open

Ayden 8 Swims 3 PBs, Best PB 8.73 off her 200 Free and her First qualifying time for Countries

Ella D 10 Swims 2 PBs,

Amelia 5 Swims

Bridget 5 Swims

Isabelle 5 Swims, 2 PBs, Best PB 9.88 off her 100 Free

Bronte 7 Swims, 3 PBs, Best PB 4.5 off her 800 Free,

Cooper 3 Swims, 2 PBs, Best PB 3.54 off his 50 Breast, and his first qualifying time for Countries

Charlie 6 Swims, 3 PBs, Best Pb 11.52 off her 100 Back

Ella I 6 Swims,

Ollie 1 Swim

Ivy 6 Swims, 1 PB, 2.59 off her 50m Free

Louella 5 Swims, 1 PB, 1.32 off her 100 Free

Chole M 2 Swims, 1 PB, 2.13 off her 50 Back

Matilda M 7 Swims, 4 PBs, Best PB 27.61 off her 200 Free

Esther 6 Swims, 2 PBs, Best PB 3.82 off her 50 Fly

April 3 Swims, First Carnival

Ruby 5 Swims, 2 PBs, Best PB 5.67 off her 100 Free

Lily 10 Swims, 8 PBs, Best PB 22.8 off her 100 Back

Isabella 9 Swims, 1 PB, 0.44 off her 50 Fly,

Brodie 3 Swims, 3 PBs, Best PB 3.35 off his 50 Breast

Constance 4 Swims, 2 PBs, Best PB 31.22 off her 50 Free

Tyler 7 Swims, 1 PB, 2.29 off his 100 Back,

Josh 3 Swims

Sean 2 Swims, 1 PB, 3.13 off his 50 Back

Berri Open

What a amazing day for our cods at the, all competitors went home with a medal , not only that with only a team of 6 we came in 4th out of 14 clubs, PB of the day goes to Louella with her breaststroke with over 16 seconds improvement. Yah Cods you guys rock





MORE SPONSORSHIP OPPORTUNITIES AVAILABLE FOR 2023/2024

If you too would like to get involved in Sponsoring our Club please email us at

murraybridgecodsswimclub@gmail.com

to discuss a option that best suits your needs and budget.

We'd welcome the opportunity to have a conversation with anyone interested in finding out more. No pressure and no obligation.

murraybridgecods.swimmingclub.org.au

Coaches

Head/Seniors Coach - David Millan
Dolphins Coach - Maralyn Polak
Seahorse Coach - Leanne Pittaway
Turtles Coach - Rachel Schulz
Assistant Coach - Katie Ireland
Assistant Coach - Cat Smith
Specialist Coach - Darcy

Committee Members

President - Wade Smith
Secretary - Jodie Austin
Treasurer - Renee Davy
Meet/Carnival Coordinator - Tanya Roberts
Merchandise - Trish Markham
Committee Member - Chloe Anderson
Child Protection Officer - Jodie Austin

DIARY

***Club Favourite Strongly encourage participation for Fun, Friendship, and Unwavering Support

20/12/2023	***Final training for 2023 and Christmas Fun Club Night
04/01/2024	SA Country Championships - Qualifications apply
08/01/2024	Regular Training Resumes for 2024
14/01/2024	Marion LC - SA Aquatic & Leisure Centre
27/01/2024	***Loxton LC - Loxton Swimming Pool
28/01/2024	***Dolphin LC - Bordertown Swimming Pool
03/02/2024	TTGSC Twilight Carnival LC - Waterworld Aquatic Centre
28/01/2024	***Jamestown Open SC - Jamestown Swimming Pool
11/02/2024	***EDSA Meet 4 LC - Lameroo Swimming Centre
11/02/2024	Booleroo Open SC - Booleroo Centre Swimming Pool
11/02/2024	Mt Gambier Open LC - Wulanda Recreation Centre
17/02/2024	***Vitor Renmark Open LC - Renmark Swimming Pool
17/02/2024	Port Augusta LC - Ryan Mitchell Swimming Centre
24/02/2024	Clare Open SC - The Valleys Lifestyle Centre
25/02/2024	Mid North Sprints SC - The Valleys Lifestyle Centre
25/02/2024	Onkaparinga Open SC - Adelaide Hills Swimming Centre

LC - Long Course 50m long pool

SC - Short Course 25m long pool

Sponsors

We are in the process of signing up new sponsors if you are interested, let the club know by writing to murraybridgecodsswimclub@gmail.com

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Murray Bridge Swimming Club, Adelaide Rd, Murray Bridge, SA 5253

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